



Counselling Code: AKIT

Estd: 2007

JNTUH College Code: EK

ABDULKALAM INSTITUTE OF TECHNOLOGICAL SCIENCES

(Approved by AICTE, New Delhi & Affiliated to JNTUH, Hyderabad, an ISO 9001: 2015, 14001:2015 Certified Institution)

Vepalagadda (V), Sujatha Nagar (M), BhadradriKothagudem (Dist), TS.

Ph. No's: 9849329809, 9133397892, 8639164084, 9704545494

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7.1.1: Measures initiated by the institution for the promotion of gender equality During the last five years

Annual Gender Sensitization Action Plan

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7.1.1: Number of gender equity promotion programs organized by the institution years wise during the last years.

AKITS has set gender equity as one of its goals. The following are the gender equity promotion programs organized as follows.

1. Gender Sensation Lab:

***MC409/*MC309: GENDER SENSITIZATION LAB**

(An Activity-based Course)

B.Tech. II Year II Sem.

L T P C

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COURSE DESCRIPTION

This course offers an introduction to Gender Studies, an interdisciplinary field that asks critical questions about the meanings of sex and gender in society. The primary goal of this course is to familiarize students with key issues, questions and debates in Gender Studies, both historical and contemporary. It draws on multiple disciplines – such as literature, history, economics, psychology, sociology, philosophy, political science, anthropology and media studies – to examine cultural assumptions about sex, gender, and sexuality.

This course integrates analysis of current events through student presentations, aiming to increase awareness of contemporary and historical experiences of women, and of the multiple ways that sex and gender interact with race, class, caste, nationality and other social identities. This course also seeks to build an understanding and initiate and strengthen programmes combating gender-based violence and discrimination. The course also features several exercises and reflective activities designed to examine the concepts of gender, gender-based violence, sexuality, and rights. It will further explore the impact of gender-based violence on education, health and development.





Objectives of the Course:

- To develop students' sensibility with regard to issues of gender in contemporary India.
- To provide a critical perspective on the socialization of men and women.
- To introduce students to information about some key biological aspects of genders.
- To expose the students to debates on the politics and economics of work.
- To help students reflect critically on gender violence.
- To expose students to more egalitarian interactions between men and women.

Learning Outcomes:

- Students will have developed a better understanding of important issues related to gender in contemporary India.
- Students will be sensitized to basic dimensions of the biological, sociological, psychological and legal aspects of gender. This will be achieved through discussion of materials derived from research, facts, everyday life, literature and film.
- Students will attain a finer grasp of how gender discrimination works in our society and how to counter it.
- Students will acquire insight into the gendered division of labour and its relation to politics and economics.
- Men and women students and professionals will be better equipped to work and live together as equals.
- Students will develop a sense of appreciation of women in all walks of life.
- Through providing accounts of studies and movements as well as the new laws that provide protection and relief to women, the textbook will empower students to understand and respond to gender violence.

UNIT - I: UNDERSTANDING GENDER

Introduction: Definition of Gender-Basic Gender Concepts and Terminology-Exploring Attitudes towards Gender-Construction of Gender-Socialization: Making Women, Making Me- Preparing for Womanhood. Growing up Male. First lessons in Caste.





UNIT – II: GENDER ROLES AND RELATIONS

Two or Many? -Struggles with Discrimination-Gender Roles and Relations-Types of Gender Roles- Gender Roles and Relationships Matrix-Missing Women-Sex Selection and Its Consequences- Declining Sex Ratio. Demographic Consequences-Gender Spectrum: Beyond the Binary

UNIT – III: GENDER AND LABOUR

Division and Valuation of Labor-Housework: The Invisible Labor- "My Mother doesn't Work." "Share the Load."-Work: Its Politics and Economics -Fact and Fiction. Unrecognized and Unaccounted work. -Gender Development Issues-Gender, Governance and Sustainable Development-Gender and HumanRights-Gender and Mainstreaming

UNIT – IV: GENDER - BASED VIOLENCE

The Concept of Violence- Types of Gender-based Violence-Gender-based Violence from a Human Rights Perspective-Sexual Harassment: Say No! -Sexual Harassment, not Eve-teasing- Coping with Everyday Harassment- Further Reading: "*Chupulu*". Domestic Violence: Speaking OutIs Home a Safe Place? -When Women Unite [Film]. Rebuilding Lives. Thinking about Sexual Violence Blaming the Victim-"I Fought for my Life...."

UNIT – V: GENDER AND CULTURE

Gender and Film-Gender and Electronic Media-Gender and Advertisement-Gender and Popular Literature- Gender Development Issues-Gender Issues-Gender Sensitive Language-Gender and Popular Literature – Just Relationships: Being Together as Equals Mary Kom and Onler. Love and Acid just do not Mix. Love Letters. Mothers and Fathers. Rosa Parks- The Brave Heart.



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Note: Since it is Interdisciplinary Course, Resource Persons can be drawn from the fields of English Literature or Sociology or Political Science or any other qualified faculty who has expertise in this field from engineering departments.

Classes will consist of a combination of activities: dialogue-based lectures, discussions, collaborative learning activities, group work and in-class assignments. Apart from the above prescribed book, Teachers can make use of any authentic materials related to the topics given in the syllabus on "Gender".

• **ESSENTIAL READING:** The Textbook, "Towards a World of Equals: A Bilingual Textbook on Gender" written by A.Suneetha, Uma Bhrugubanda, Duggirala Vasanta, Rama Melkote, Vasudha Nagaraj, Asma Rasheed, Gogu Shyamala, Deepa Sreenivas and Susie Tharu published by Telugu Akademi, Telangana Government in 2015.

ASSESSMENT AND GRADING:

- Discussion & Classroom Participation: 20%
- Project/Assignment: 30%
- End Term Exam: 50%



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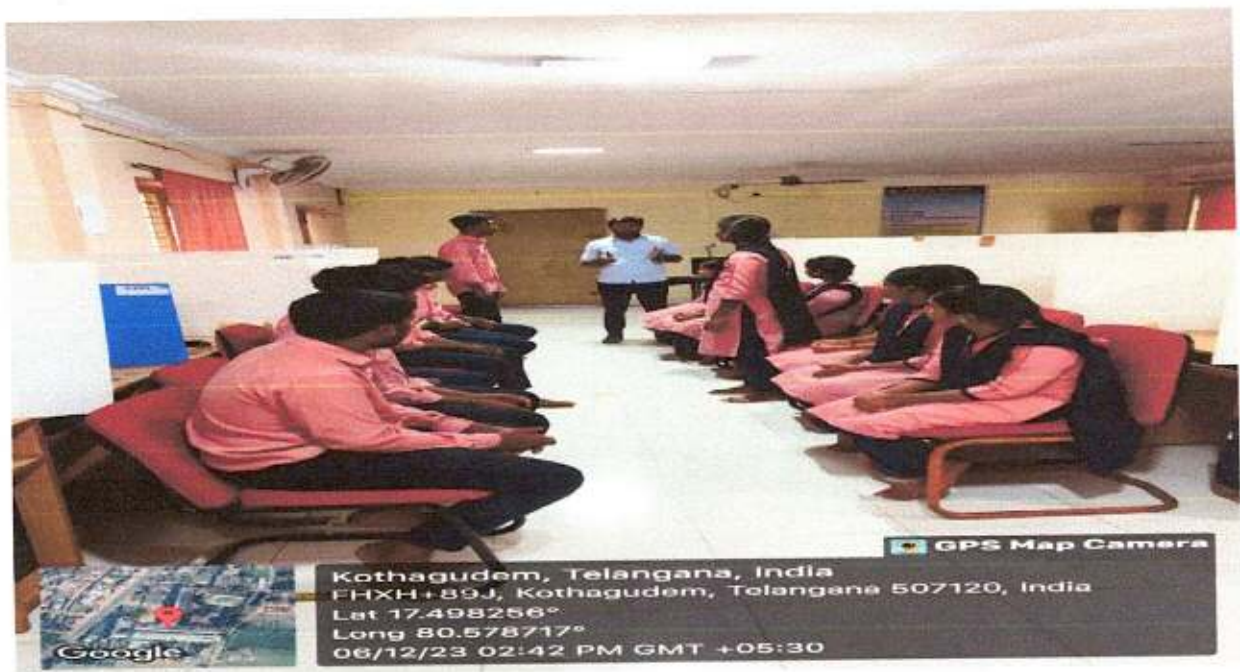
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DEBATE ON GENDER EQUITY (gender equity is the process of being fair to boys and girls)



DEBATE ON GENDER EQUITY



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2. Self- Defense Karate Program:

It is a set of skills, techniques and various countermeasure tactics that enable you to keep yourself safe from harm by being aware of your surroundings, avoiding risky situations or standing up for yourself in aggressive case. In karate, an individual uses the hands, feet, and elbows for self-defense. Karate focuses more on the legs and kicking, and less on the hands and upper body. Taekwondo is good for strengthening and toning the lower body. Self Defense is the act of defending oneself, one's property or someone else from physical harm. Self Defense has an important role in the life of women. Self Defense is a skill which every woman should acquire to make their own and others live safer on a daily basis or whenever the situation requires. To attain and empower the students AKITS conducting karate workshop every year.



Self Defense and Karate Performed by girl students under the guidance of Karate Coach



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Self Defense and karate programed by AKITS girls



Self Defense and karate programed by AKITS girls



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3. She Team:

SHE Team is a division of Telangana police for enhanced safety and security of women. They also work to prevent child marriages in Telangana state. The teams work in small groups to arrest eve teaser, stalkers and harassers, AKITS invited SHE Team personals and conducted awareness program about women safety.





4. Yoga:

Yoga is mind and body practice, various styles of yoga combines physical postures, breathing techniques, and meditation and relaxation. Yoga is a ancient practice that involves physical posses, concentration, and deep breathing. Yoga offers flexibility to the body and relaxation to the mind. There are different as an as practiced by people, and each asana has its benefits on the mind and body. Yoga is designed to sharpen our minds and to improve our intelligence. Regular practice of yoga can help in controlling our emotions and promote well-being.



AKITS conducting Yoga session to improve girl student's will power to achieve their goals easily



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Yoga performed by girl's students in AKITS campus



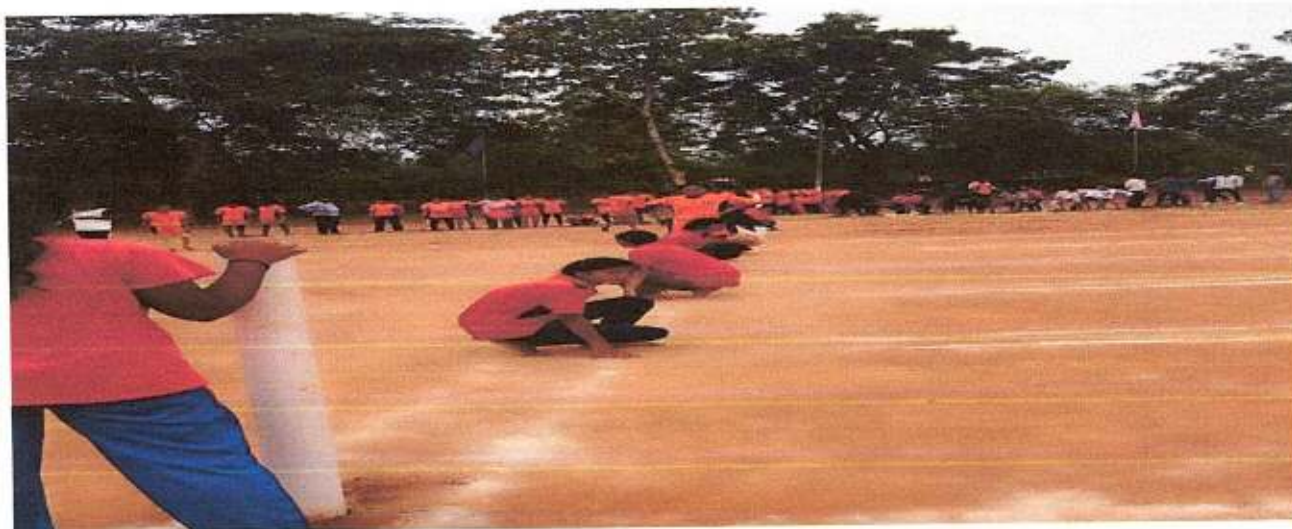
Yoga performed by girl's students in AKITS campus





5. Sports:

Sports have the power to change lives. The ability to drive gender equality by teaching women and girl's boy's team work, self-reliance, resilience and confidence. Women in sport defuse gender stereotypes and social norms, make inspiring role models, and show men and women as equals. Helps maintains healthy bones muscles, and joints, helps control weight, build lean muscle, and reduce body fat. AKITS sports club play a significant role in helping the girl students improve their sports and physical fitness, AKITS conducting common sports the barrier between genders.



AKITS Conducted sports for girls



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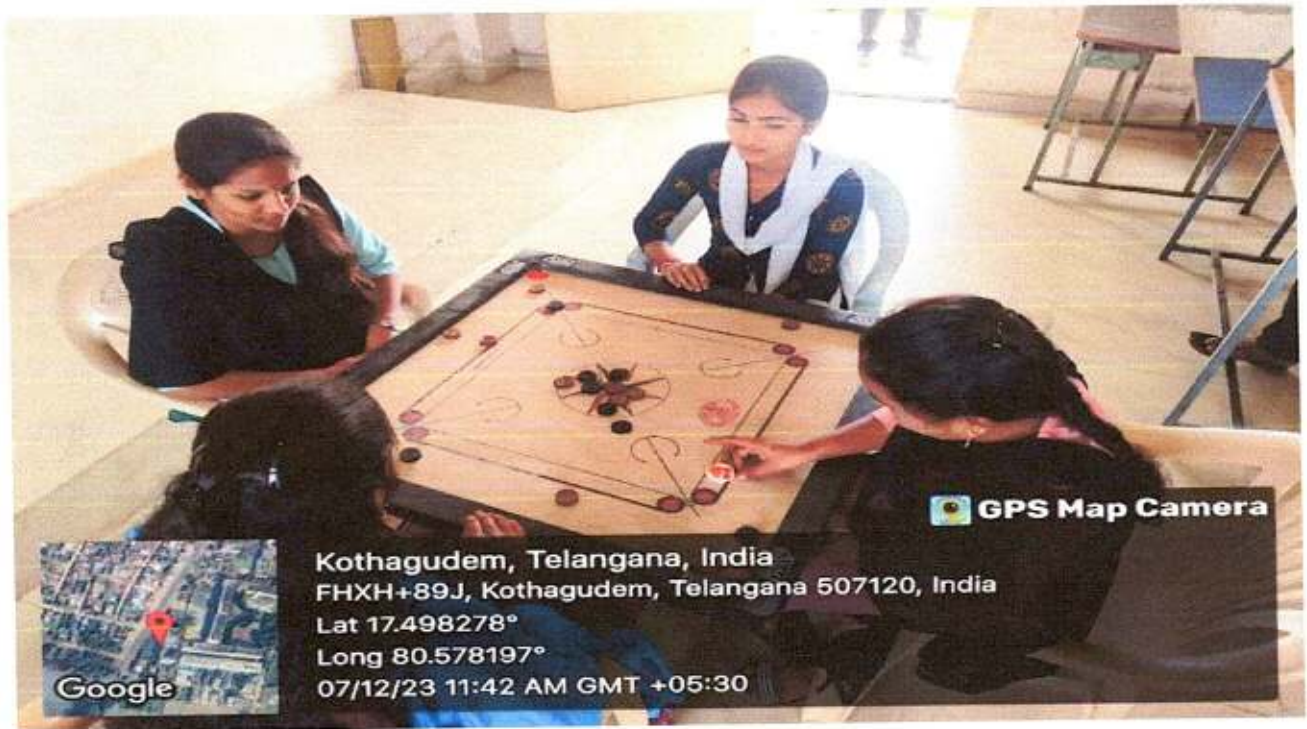
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AKITS Conducted sports for girls



AKITS organized sports for girls



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6. Rangoli Competition:

Keeping in view to student's appetite for activities apart from academics, we keep them occupied with various extra-curricular cultural activities like Rangoli Competition. Rangoli competition is organized in the institution to enhance creativity and unleash the hidden potential of the students. Students made Rangoli's and presented beautiful designs.





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7. Women Welfare Committee:

The main objective of the committee is to motivate, empower women and secure feminine gender. It aims to prevent sexual harassment and to promote general well-being of female students, teaching women staff of the college. Women Welfare Committee has organized seminars on Women Welfare Laws, women trafficking, violence at home, and self development.



**Women Empowerment and social responsibilities in gender perspective BY
T.SRUTHI**



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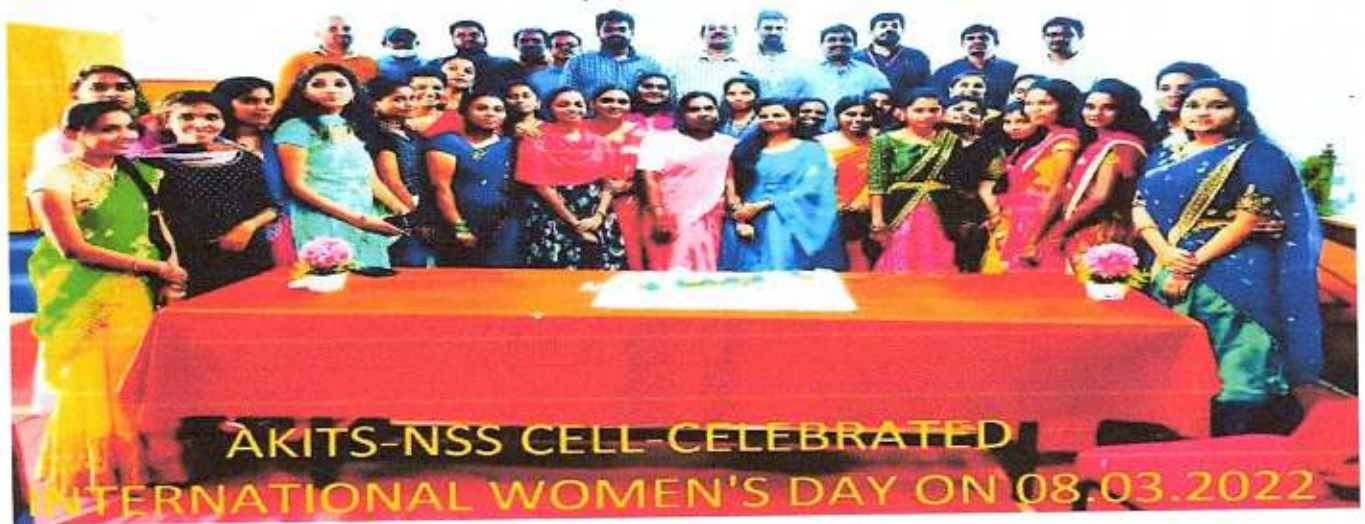
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8. International Women's Day:

International Women's Day is an occasion to celebrate the progress made towards achieving gender equality and women's empowerment but also to critically on those accomplishments and strive for a greater momentum towards gender equality worldwide. AKITS celebrates International Women's Day to empower women with motivational talk on Self confidence, decision making and their rights in all aspects.





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9. Bhathukamma Celebration:





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10. Mahanadi Competition:



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11. Self- Development program:



Self- development program for B.Tech Students



Self- development program for ENGINEERING students



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Annual gender sensitization action plan for last five year

A.Y: 2022-23

SI.NO	EVENT	Date :
1	Gender Equity	13-09-2022
2	Yoga Day	25-05-2022
3	Self-defense and karate program	04-10-2022
4	Bhathukamma celebration	12-10-2022
5	Faculty sports day	31-10-2022
6	She Teams	23-11-2022
7	Self development	11-12-2022
8	Women development	03-03-2022
9	Rangoli competition	07-01-2022
10	International women's day	08-03-2023
11	Mahanadi celebration	06-04-2023

A.Y: 2021-22

SI.NO	EVENT	Date :
1	Gender Equity	04-09-2021
2	Yoga Day	26-06-2021
3	Self-defense and karate programmer	25-05-2021
4	Bhathukamma celebration	10-10-2021
5	Faculty sports day	27-10-2022
6	She Teams	22-11-2022
7	Self development	19-11-2021
8	Women development	06-05-2021
9	Rangoli competition	12-01-2022
10	International women's day	08-03-2021




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A.Y: 2020-21

SI.NO	EVENT	Date :
1	Gender Equity	04-09-2020
2	Yoga Day	26-09-2020
3	Self-defense and karate programmer	06-10-2020
4	Bhathukamma celebration	19-10-2020
5	Faculty sports day	29-10-2020
6	She Teams	21-11-2020
7	Self development	19-12-2020
8	Rangoli competition	05-01-2021
9	International women's day	08-03-2021
10	Mahanadi celebration	06-03-2021

A.Y: 2019-20

SI.NO	EVENT	Date :
1	Yoga Day	06-09-2019
2	Self-defense and karate programmer	20-07-2019
3	Bhathukamma celebration	05-10-2019
4	Faculty sports day	08-11-2019
5	She Teams	24-09-2019
6	Self development	24-12-2019
7	Rangoli competition	10-01-2020
8	International women's day	07-03-2020
9	Mahanadi celebration	06-03-2020





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A.Y: 2018-19

SI.NO	EVENT	Date :
1	Gender Equity	25-07-2018
2	Yoga Day	21-06-2018
3	Bhathukamma celebration	12-10-2018
4	Faculty sports day	02-03-2019
5	Self devedopment	05-03-2019
6	Rangoli competition	11-01-2019
7	International women's day	10-03-2019
8	Mahendi celebration	07-03-2019




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